

## **Rep/Elite Program**

East York SC offer pathways for both girls & boys from the age of 7 - 21. The Club aims to provide the opportunities for our players to play at the highest level.

The program runs year-round starting in Mid-October to end of September of the following year, as players/teams will participate in practices & games in both indoor and outdoor seasons.

**Open tryouts** are usually between seasons at the end of September/beginning of October, but new players can tryout at the coach's discretion at any point in the year.

### **Indoor Season**

- Practices are located at MLS Dome and local school gyms.
- Teams will have 2 practices per week
- Teams will be registered into an indoor league
  - U8 - U12: Greater Toronto Indoor Soccer League (GTISL)
  - U13+: Provincial Indoor Soccer League (PISL)
  - Unfortunately, U7 do not have any leagues

### **Outdoor Season**

- Practices are located at various city or school fields in the East York area
- Teams will have 2 practices per week
- Teams will be registered into an indoor league
  - Teams U8 - U12 will play in Grassroots League and compete in festivals
  - Teams U13+ will play in the Regional League (iModel/TOSL) and compete in tournaments
  - Unfortunately, U7 do not have any leagues

### **Coaching Staff**

- All coaches are certified and licensed who specialize in youth soccer and the development of young athletes
- The coaches focus on technical & tactical components of the game that are age-specific in a safe & fun environment
- Coaches main objective is to train and prepare players for game situations
  - Players will receive "fair" playing time
  - Playing time will be based on commitment/attendance and effort during practices/games and will be at the coach's discretion
  - U8 - U10: players should participate at every position on the field of play

- U11 - U12: players will start to specialize at certain positions on the field of play
- U13+: players will be placed at the specialized position(s) upon the decisions of the coaching staff

### **Cost of Program**

- The cost of the program is dependent on the age groups as certain expenses are more as players get older
- The registration fee is based on full year participation
- The registration fee includes coaches fees, facility fees, league fees (both seasons), uniforms (practice & game), additional apparel (ie. Tracksuit, bags, etc, which is given out in the spring), tournaments/festivals, insurance, etc.

### **Schedules**

The East York SC does their best to create practice schedules before each season as early as possible. Due to the high demand of indoor facilities, gyms and outdoor sports fields within our community, EYSC often waits for approval before schedules can be made. EYSC creates schedules for the Rep/Elite program based on playing nights, field availability and coaches availability.