



East York Soccer Club

Rules for 6 v 6 Soccer for U7 & U8 Divisions

RULE I - THE FIELD

- Field size will be suitable for 6 v 6 play and be lined accordingly.
- A suitable sized portable goal will be used

RULE II - THE BALL

- Size 4

RULE III - NUMBER OF PLAYERS

- Each team is to consist of a maximum of fourteen (14) players
- The maximum number of players on the field on each side at any one time is six (6) including the goalkeeper.
- Minimum of three (4) players per side

RULE IV - THE GAME

- 1st team listed on the schedule is the home team
- Substitutions may be made at the following time: at half time; after an injury; at goal kicks; after a goal is scored; at throw-ins for the team with possession; at the referee's discretion. Coaches should substitute between periods of play to ensure that all players present play equal time.
- Games will be refereed by a referee appointed by the Club. If no referee is available each coach will referee half the game. No one, apart from the referee and players, is allowed on the field of play while the game is in progress
- Laws pertaining to the ball in and out of play as well as the methods of scoring shall conform to FIFA rules

RULE V - DURATION OF GAME

- First fifteen (15) minutes of scheduled time is allotted to practice time
- The game shall be divided into two equal halves—Each half shall consist of a twenty (20) minute period of play
- There shall be a half time interval of five (5) minutes

RULE VI - PLAYER'S EQUIPMENT

- Footwear may be athletic shoes (tennis, running, etc.) or soft-cleated soccer shoes
- Shin guards are MANDATORY and must be fully covered by socks

RULE VII – OFFSIDE AND RETREAT LINE

- There shall be no offsides
- Use of the Retreat Line will be as outlined

RULE VIII – KICKS

- All free kicks shall be indirect
- No penalty kicks are to be taken during these games
- A free kick awarded inside the penalty area is taken from the top of the penalty area, parallel to the goal line, at the point nearest to where the infringement occurred
- At the taking of a kick-off, free kick, goal kick or corner kick, opponents shall remain at least five (5) yards from the ball
- Goal kick may be taken from any point within the goal area
- The corner kick shall be taken by kicking the ball, which is placed within the corner arc

RULE IX - THROW IN

- A throw-in will be used when the ball passes over the side touch line. However, the player must be permitted to take a second throw-in if he/she commits a foul on the initial attempt. The referee shall explain the proper method before allowing the player to re-throw



East York Soccer Club

Rules for 5 v 5 Soccer for U4, U5 & U6 Divisions

RULE I - THE FIELD

- Field will be suitable for the age group and be lined accordingly.

RULE II - THE BALL

- Size 4

RULE III - NUMBER OF PLAYERS

- Each team may consist of no more than twelve (12) players
- Maximum number of players on the field at any one time is five (5) per side
- Minimum of three (3) players per side

RULE IV - THE GAME

- 1st team listed on the schedule is home team
- Coaches can make line changes or substitute players at any stoppage of play
- All players will play equal time

NOTE: In the event that a team is short players, please join up with players from the other team and play a mini tournament. This will mean that players will play some games against members of their own team. The priority is that the children are playing.

RULE V - DURATION OF GAME

- Fifteen (15) minutes only is allotted for practice time as per schedule
- For U4 and U5 the GAME will consist of one 35 minute continuous game
- For U6 the GAME will consist of 2x20 minute halves with a half time interval of five (5) minutes.

RULE VI - PLAYER'S EQUIPMENT

- Footwear may be athletic shoes (tennis, running, etc.) or soft-cleated soccer shoes
- Shin guards are MANDATORY and must be fully covered by socks

RULE VII - OFFSIDE AND RETREAT LINE

- There shall be no off-sides
- Use of the Retreat Line will be as outlined

RULE VIII - KICKS

- All free kicks shall be indirect—No penalty kicks are allotted during these games
- At the taking of a kick-off, free kick, goal kick or corner kick, opponents shall remain at least five (5) yards away from the ball
- Goal kick may be taken from any point within the goal arc

RULE IX—THROW IN

- For U4 and U5 - Throw Ins are Replaced with a Kick-In
- For U6 - They will have Throw-Ins if the ball goes out of play

RULE X - REFEREE

- For U4 and U5 - The coaches shall referee the game. No one other than the players and coaches are allowed on the field.
- For U6 a Referee will be appointed by the Club. Should no referee show up, each coach shall referee one half.
- **No one, apart from the referee and players, is allowed on the field of play, while the game is in progress**

PLEASE NOTE DIFFERENCES BETWEEN U4/U5 AND U6



East York Soccer Club

Rules for Full Field Soccer

RULE I - THE FIELD

- Field size will be suitable for 11 v 11 play
- Field will be lined for full field soccer
- Goals will be suitable for full field soccer

RULE II - THE BALL

- Size four (4) ball will be used for up to U12 and size five (5) for U13 and up

RULE III - NUMBER OF PLAYERS

- Each team is to consist of a maximum of eighteen (18) players
- The maximum number of players per side on the field at any one time is eleven (11) including the goalkeeper— A minimum of seven (7) players are required for the game to be played. A team may only play two (2) players more than the other team

RULE IV - THE GAME

- 1st team listed on the schedule is the home team.
- Substitutions may be made at the following time: at half time; after an injury; at goal kicks; after a goal has been scored; at throw-ins for the team with possession; at the referee's discretion. Coaches should substitute players to ensure that all players present play equal time.
- Games will be refereed by a referee appointed by the Club. If no referee is available each coach will referee half the game. Games will not be rescheduled.
- A player who is "sent off" may not be substituted. The status of a player "sent off" will be determined by the Discipline Committee of the Club.

RULE V - DURATION OF GAME

- Games will consist of two (2) equal halves with a five (5) minute interval. Duration of halves: U11 - 25 minutes; U12 & U13 - 30 minutes; U15 - 35 minutes; Over 15 - 40 minutes.

RULE VI - PLAYER'S EQUIPMENT

- Footwear shall be soft-cleated soccer shoes or running or indoor soccer shoes.
- Shin guards are MANDATORY and must be fully covered by socks.

RULE VII - OFFSIDE

- Offsides shall be as per FIFA's rules of play.

RULE VIII - KICKS

- All free kicks will be taken in accordance with FIFA's rules of play.
- At the taking of a free kick all opponents shall be ten (10) yards from the ball when it is kicked.
- A penalty shot shall be taken from the penalty spot (twelve yards from the goal line).

RULE IX - THROW IN

- A throw in will be taken as per FIFA's rules of play



East York Soccer Club

Rules for Mini Soccer for U9 & U10 Divisions

RULE I—THE FIELD

- Field size will be suitable for 7 v 7 play.
- Field will be lined for mini soccer.
- Goals will be suitable for mini soccer.

RULE II—THE BALL

- Size 4 ball will be used.

RULE III—NUMBER OF PLAYERS

- Each team is to consist of a maximum of fourteen (14) players.
- The maximum number of players per side on the field at any one time is seven (7) including the goalkeeper. Minimum of five (5) players is required for the game to be played.

RULE IV—THE GAME

- 1st team listed on the schedule is the home team.
- Substitutions may be made at the following time: at half time; after an injury; at goal kicks; after a goal has been scored; at throw-ins for the team with possession; at the referee's discretion. Coaches should substitute players to ensure that all players present play equal time.
- Games will be refereed by a referee appointed by the Club. If no referee is available each coach will referee half the game.
- A player who is "sent off" may be substituted. The status of a player "sent off" will be determined by the Discipline Committee of the Club.

RULE V—DURATION OF GAME

- Games will consist of two (2) twenty-five (25) minute halves
- There shall be a half time interval of five (5) minutes

RULE VI—PLAYER'S EQUIPMENT

- Footwear shall be soft-cleated soccer shoes or running or indoor soccer shoes
- Shin guards are MANDATORY and must be fully covered by socks

RULE VII—OFFSIDE AND RETREAT LINE

- There shall be no off-sides
- Use of the Retreat Line will be as outlined

RULE VIII—KICKS

- All free kicks with the exception of a penalty kick shall be indirect. (Goals cannot be scored directly from a kick-off, goal kick, corner kick or a throw-in)
- At the taking of a free kick all opponents shall be seven (7) yards from the ball when it is kicked
- A penalty shot shall be taken from the top of the goalkeeper's area

RULE IX—THROW IN

- A throw-in will be used when the ball passes over the side touch line. It will be taken by a player from the team that did not last put the ball out of play. Referees are to encourage the proper taking of throw ins