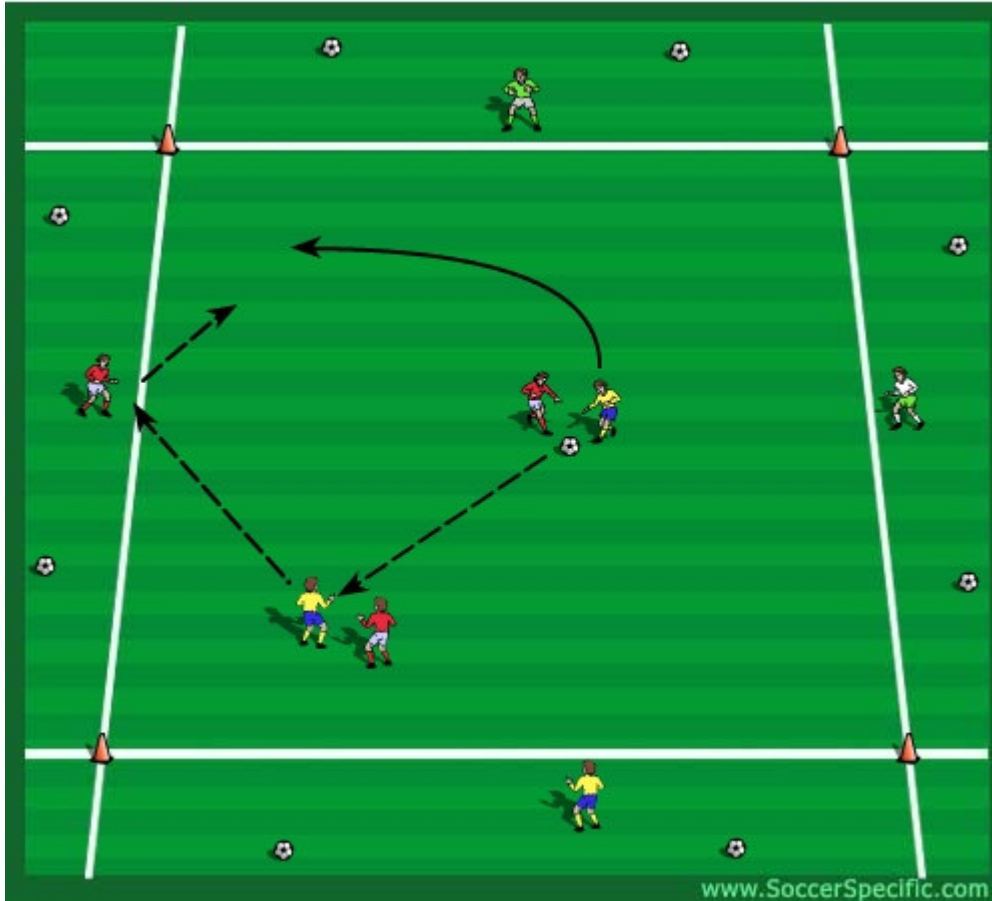


Combination Play

Emphasis: Passing, receiving



Set-up:

Make a 20x20 yard grid, and place two pairs of players in the middle of the grid. Place a "neutral" player on each side line. Place extra balls around the perimeter of the grid.

Objective:

The two players with the ball in the middle try and keep possession of the ball for as long as possible. The players inside the grid are allowed to use the neutral players for support, but they only have 1 touch. Connecting 10 passing in a row is considered a point. After 10 passes or a certain time limit, switch the roles of the players.

Progression:

1. Players in the middle of a two touch maximum.
2. Increase the grid size to 30x30 and make it a 3 V 3 in the middle.

Coaching Points:

- Create supporting angles.
- Play the way you face and away from pressure.
- First defender must pressure the ball and make it predictable for the other defender.