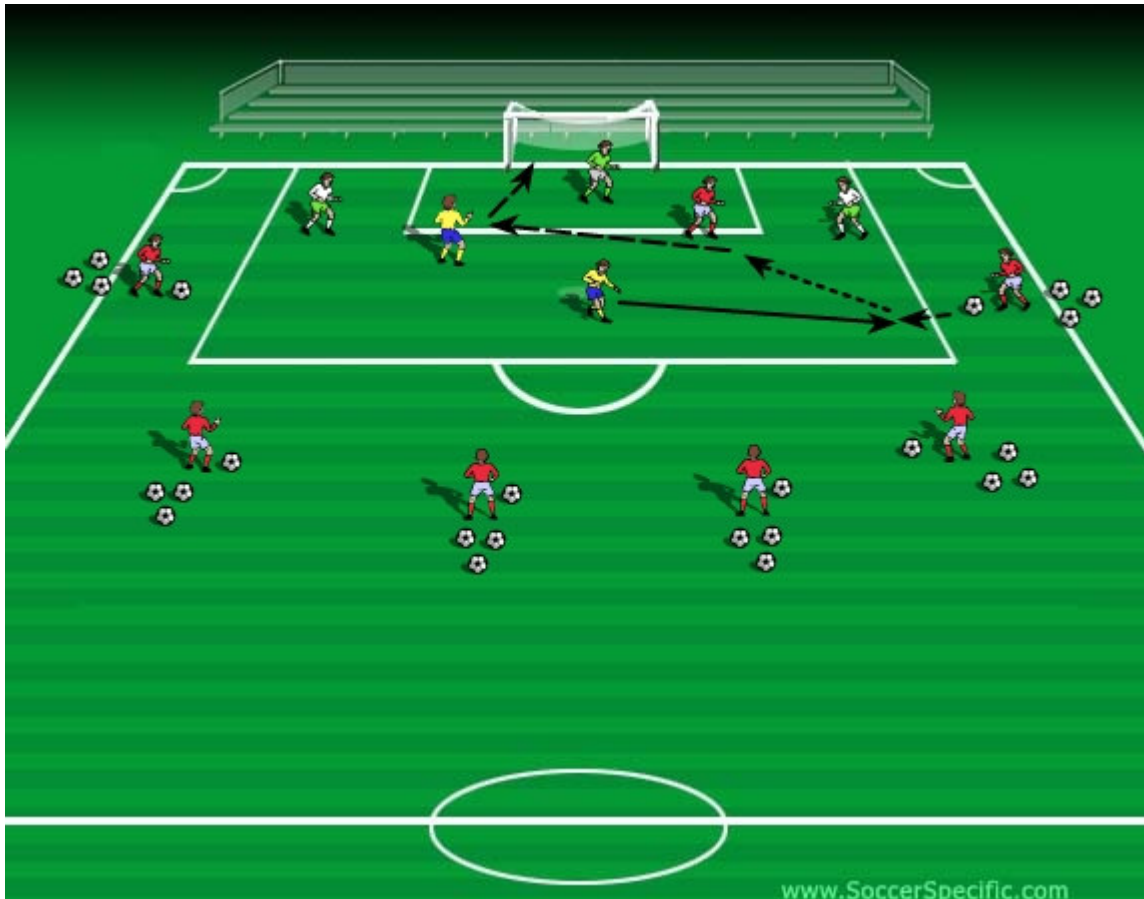


## Combination Play #2

**Emphasis:** Finishing, passing, combination play



### Set-up:

The goalkeeper is in goal. A group of players are placed around the perimeter of the penalty box with plenty of balls. Two different sets of forwards and one defender are placed inside the penalty area. Identify them by different colored bibs.

### Objective:

The pairs of forwards alternate repetitions. One of the forwards checks back, and receives the ball from the players on the outside. The forward must turn the ball quickly, and can play it to his/her partner. The forward can also dribble at the defender creating an opportunity for him/herself or pass to the other forward. The partner must strike the ball first time on goal. Repeat with the other pair of forwards. Once the defender wins the ball the repetition is done. Play until the drill runs out of balls and then switch the roles of the players.

### Progression:

1. Must get a shot off in less than 5 seconds.
2. Add another defender making it a 2 V 2.

### Coaching Points:

- Look to commit the defender.
- The forwards must communicate with each other.
- Accuracy, not power.