



East York Soccer Club

Rules for Full Field Soccer

RULE I - THE FIELD

- Field size will be suitable for 11 v 11 play
- Field will be lined for full field soccer
- Goals will be suitable for full field soccer

RULE II - THE BALL

- Size four (4) ball will be used for up to U12 and size five (5) for U13 and up

RULE III - NUMBER OF PLAYERS

- Each team is to consist of a maximum of eighteen (18) players
- The maximum number of players per side on the field at any one time is eleven (11) including the goalkeeper— A minimum of seven (7) players are required for the game to be played. A team may only play two (2) players more than the other team

RULE IV - THE GAME

- 1st team listed on the schedule is the home team.
- Substitutions may be made at the following time: at half time; after an injury; at goal kicks; after a goal has been scored; at throw-ins for the team with possession; at the referee's discretion. Coaches should substitute players to ensure that all players present play equal time.
- Games will be refereed by a referee appointed by the Club. If no referee is available each coach will referee half the game. Games will not be rescheduled.
- A player who is "sent off" may not be substituted. The status of a player "sent off" will be determined by the Discipline Committee of the Club.

RULE V - DURATION OF GAME

- Games will consist of two (2) equal halves with a five (5) minute interval. Duration of halves: U11 - 25 minutes; U12 & U13 - 30 minutes; U15 - 35 minutes; Over 15 - 40 minutes.

RULE VI - PLAYER'S EQUIPMENT

- Footwear shall be soft-cleated soccer shoes or running or indoor soccer shoes.
- Shin guards are MANDATORY and must be fully covered by socks.

RULE VII - OFFSIDE

- Offsides shall be as per FIFA's rules of play.

RULE VIII - KICKS

- All free kicks will be taken in accordance with FIFA's rules of play.
- At the taking of a free kick all opponents shall be ten (10) yards from the ball when it is kicked.
- A penalty shot shall be taken from the penalty spot (twelve yards from the goal line).

RULE IX - THROW IN

- A throw in will be taken as per FIFA's rules of play