



# East York Soccer Club

## Rules for 5 v 5 Soccer for U4, U5 & U6 Divisions

### **RULE I - THE FIELD**

- Field will be suitable for the age group and be lined accordingly.

### **RULE II - THE BALL**

- Size 4

### **RULE III - NUMBER OF PLAYERS**

- Each team may consist of no more than twelve (12) players
- Maximum number of players on the field at any one time is five (5) per side
- Minimum of three (3) players per side

### **RULE IV - THE GAME**

- 1st team listed on the schedule is home team
- Coaches can make line changes or substitute players at any stoppage of play
- All players will play equal time

**NOTE:** In the event that a team is short players, please join up with players from the other team and play a mini tournament. This will mean that players will play some games against members of their own team. The priority is that the children are playing.

### **RULE V - DURATION OF GAME**

- Fifteen (15) minutes only is allotted for practice time as per schedule
- For U4 and U5 the GAME will consist of one 35 minute continuous game
- For U6 the GAME will consist of 2x20 minute halves with a half time interval of five (5) minutes.

### **RULE VI - PLAYER'S EQUIPMENT**

- Footwear may be athletic shoes (tennis, running, etc.) or soft-cleated soccer shoes
- Shin guards are MANDATORY and must be fully covered by socks

### **RULE VII - OFFSIDE**

- There shall be no off-sides

### **RULE VIII - KICKS**

- All free kicks shall be indirect—No penalty kicks are allotted during these games
- At the taking of a kick-off, free kick, goal kick or corner kick, opponents shall remain at least five (5) yards away from the ball
- Goal kick may be taken from any point within the goal arc

### **RULE IX—THROW IN**

- For U4 and U5 - Throw Ins are Replaced with a Kick-In
- For U6 - They will have Throw-Ins if the ball goes out of play

### **RULE X - REFEREE**

- For U4 and U5 - The coaches shall referee the game. No one other than the players and coaches are allowed on the field.
- For U6 a Referee will be appointed by the Club. Should no referee show up, each coach shall referee one half.

**PLEASE NOTE DIFFERENCES BETWEEN U4/U5 AND U6**